

LGBTQI+ Resources for School Nurses

ADVOCACY

- **OutFront Minnesota** delivers programs and services to Minnesota's LGBTQ and allied communities in the areas of community organizing, public policy, anti-violence, law, education and training.
- **The National Center for Transgender Equality (NCTE)** is a social justice organization dedicated to advancing the equality of transgender people through advocacy, collaboration and empowerment.
- **The Sylvia Rivera Law Project (SRLP)** seeks to increase the political voice and visibility of low-income people and people of color who are transgender, intersex, or gender non-conforming.

COMMUNITY & PEER SUPPORT

- **Couples in Transition** supports couples experiencing a gender transition within a committed relationship.
- **Camp True Colors** offers summer camps for LGBTQ+ youth and families and is located between the Twin Cities and Duluth.
- **Camp Aranu'tiq** is a nonprofit program serving trans & gender-variant youth and their families, offering summer camps in NH & CA as well as leadership programs for older teens and weekend family camps.
- **Minnesota Transgender Alliance** provides resources and support to all members within the transgender community.
- **Queer Birth Project's** mission is to support LGBTQ families and the professionals that serve them, during family building and early parenting.
- **Teen TIGERs** is a social support group for trans/intersex/gender-expansive teens. It meets Sundays from 12:30-3pm online.
- **Transforming Families** is a community where transgender, gender non-conforming, and questioning youth and their families come together to support each other in a safe, welcoming space.

CRISIS RESOURCES

- **Avenues for Homeless Youth** provides emergency shelter, short-term housing and supportive services for homeless youth in a safe and nurturing environment. The GLBT Host Home Program and ConneQT Host Home Program hosts drop-in hours for GLBTQIA young people (ages 16-24) experiencing homelessness or housing instability.
- **The Bridge for Youth** provides crisis resources for youth experiencing homelessness, including services for LGBTQ youth.

- **Trans Lifeline** is a volunteer-based crisis lifeline staffed by transgender people for transgender people. The toll-free number is (877) 565-8860.
- **The Trevor Project** provides crisis intervention and suicide prevention phone service available 24/7 at 1-866-488-7386, as well as help via text, chat, online community, and a support center.

EDUCATION

- **GSA Network** is a national organization of LGBTQ youth organizers of Gay/Straight student organizations from middle to high schools.
- **Minneapolis Public Schools: Out4Good** strives to create safe and supportive schools for Gay, Lesbian, Bisexual and Transgender students, families, teachers and staff.
- **MN Dept. of Education** Toolkit for Ensuring Safe and Supportive Schools for Transgender and Gender Nonconforming Students (2017)
- **Gender Inclusive Schools** is a Minnesota-based organization advocating for gender inclusive policies and practices in schools.
- **Gender Spectrum** provides education, training and support to help create a gender sensitive and inclusive environment for all children and teens.
- **Human Rights Campaign (Welcoming Schools)**
- **Queer Science** is a program at the University of Minnesota where high school students can join graduate students and professors in conducting experiments in microbiology, environmental chemistry, physics, and engineering, and engage in dialogue about the unique experiences of LGBTQ+ scientists.
- **Saint Paul Public School's Out for Equity** program strives to maintain a safe and welcoming school environment that fosters positive self-esteem, respect for others, and academic success for all lesbian, gay, bisexual, transgender, and queer students through direct programming, professional development for staff, and supports for families.
- **Trans Student Educational Resources** is a youth-led organization dedicated to transforming the educational environment for trans and gender nonconforming students through advocacy and empowerment.

HEALTH

- **Family Tree Clinic's** mission is to cultivate a healthy community through comprehensive sexual health care and education. (Twin Cities)
- **Callen Lorde's** mission is to provide sensitive, quality health care and related services targeted to New York's lesbian, gay, bisexual, and transgender communities — in all their diversity — regardless of ability to pay. To further this mission, Callen-Lorde promotes health education and wellness, and advocates for LGBTQ health issues. (New York)

- **Fenway Health's** mission is to advocate for and delivers innovative, equitable, accessible health care, supportive services, and transformative research and education. We center LGBTQIA+ people, BIPOC individuals, and other underserved communities to enable our local, national, and global neighbors to flourish. (Boston, MA)
- **Hennepin Healthcare's Pediatric Gender and Sexual Health Program** provides primary care and mental health care to children, adolescents and young adults who identify as gay, lesbian, bisexual, transgender, queer, gender-questioning or gender-nonconforming.
- **Hennepin Healthcare's Adult Gender & Sexual Health Clinic** unique and welcoming LGBTQIA+ clinic at Hennepin Healthcare provides primary care to adult gay, lesbian, bisexual, transgender, queer, questioning, gender-nonconforming, and non-binary patients.
- **Minnesota Transgender Health Coalition** offers services to the trans & gender non-conforming community including a shot clinic, syringe exchange, monthly HIV testing, support groups, food shelf, gender gear program, and a gender lending library.
- **University of Minnesota Health Comprehensive Gender Care** specializes in compassionate and coordinated care for transgender and gender non-binary patients, wherever they are in their transition. Patients meet with highly skilled staff and care coordinators who will help them to explore options and answer any questions you may have.
- **STDTesting.org** is about empowering people to take control of their sexual health. There's a comprehensive guide on Oral Herpes Testing among other useful information about STDs.
- **Mayo Clinic Transgender and Intersex Specialty Care Clinic** is a multidisciplinary clinic serving patients with gender identity, gender expression or gender behavior that does not correlate with how the person feels emotionally.
- **Planned Parenthood** has a program offering transgender hormone therapy.
- **Queering Community Health:** www.shiftmn.org/podcast
- **The Red Door Clinic** primarily offers testing for STDs but also offers a clean needle exchange and help with birth control.
- **UCSF Transgender Care Guidelines** (University of California San Francisco)
- **WPATH (World Association of Transgender Health)** is a non-profit, interdisciplinary professional and educational organization devoted to transgender health.

LEGAL & GOVERNMENT

- **Gender Justice** is a nonprofit public interest law firm and an advocacy organization located in Minnesota.
- **Rainbow Health** is a non-profit working for equitable health care access and outcomes for people who experience injustice at the intersection of health status and identity.
- **Lambda Legal** is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and everyone living with HIV through impact litigation, education and public policy work.

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- **The Sylvia Rivera Law Project** works to guarantee that all people are free to self-determine gender identity and expression, regardless of income or race, and without facing harassment, discrimination or violence.
- **Florin/Roebig Trial Attorneys** offering a guide to the types of discrimination that LGBTQ people face and legal assistance pertaining to discrimination.
- **The ACLU** is a nonprofit organization founded in 1920 "to defend and preserve the individual rights and liberties guaranteed to every person in this country by the Constitution and laws of the United States".
- **The Transgender Law Center** is the largest national trans-led organization advocating self-determination for all people.
- **Volunteer Lawyers Network** is a 501(c)3 non-profit organization dedicated to connecting Minnesotans experiencing poverty with some of the top private lawyers in the state at no cost.